

The Helping Hands Group

NEWSLETTER

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**GRAB OUR FENLAKE NEWSLETTER TODAY FOR
ALL THINGS PAST, PRESENT AND FUTURE.**

**NEWS FROM ACROSS ALL THREE OF THE
HELPING HANDS GROUP CENTERS**

OUR FUN DAYS



Since our last newsletter went live, The Helping Hands has held many fun days celebrating different events such as Pancake Day, red nose day, Edi, and our 4th of July celebrations. On these fun days the individuals gather to play games, dance, sing and enjoy some delicious food, reflection time and taking part in silent films. Most importantly they have lots of fun with their friends. Read below some quotes from staff and individuals.

“Red nose day I really enjoyed the silent film being a part of it, putting it all together, the pranks were the best part” - Andy

“Pancake Day, I enjoyed eating my pancake with some lemon”- Natasha

“Eid afternoon homemade lunch from the kitchen, it was nice to share my feelings with friends”- Zanab

“I enjoyed making the milkshakes, especially the strawberry flavored. It tasted really nice”- Paris

THE FENLAKE KITCHEN

*ONLY AVAILABLE FOR STAFF AND INDIVIDUALS @ THE HELPING HANDS GROUP

The Fenlake kitchen have revamped their menu for lunch orders. Our guys in the kitchen have been cooking up a storm to create some new tasty food from pastas, jacket potatoes, rolls and more, expanding on our old menu. You can now order meal deals for £4 and single items for £2.50 these are available Wednesday and Friday's. Just give us a ring over at Fenlake to place your order.

“Yum”

Menu

Wednesday & Friday Lunchtime

Freshly cooked meals, prepared and Served by our catering kitchen at Fenlake. *(Individuals and staff only)*

Pasta - £2.50

Tuna & Sweetcorn
Tomato Pasta
Macaroni Cheese

Jacket Potato - £2.50

Cheese & Beans
Tuna & Cheese
Served with a side salad

Rolls / Wraps - £2.50

Selection of fillings available

Drinks

Bottle - £1.40
Can - 80p

Snacks - 60p

Cookie / Crisps



Meal Deal

Any Pasta / Jacket / Roll or Wrap
Cookie / Crisps
Drink
£4



The Fenlake Kitchen is also working on a new project, creating a food catalogue to display yummy, sweet treats made in our very own kitchen. Why don't you have a look below at what we have to offer from delicious homemade desserts and seasonal treats, that are catering for all dietary needs.



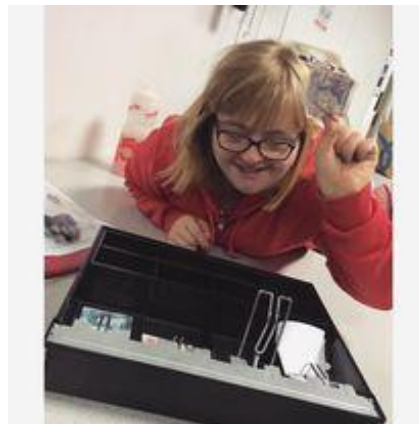
WORKING WITH THE COMMUNITY

Fenlake have recently started an Employability session, to give the individuals the opportunity to participate in work experience in the surrounding local area. The individuals will also be undertaking classroom-based training to expand and develop their existing skills and knowledge.

Our aim is to have local businesses on board to offer work experience opportunities. If you know of any businesses that could help, please get in touch by emailing Georgia.Bell@thhg.org.uk

A big Thank You to the businesses that have taken the time to chat with us regarding our future endeavors in the world of work so far.

Exciting opportunities are on the horizon for Fenlake, keep your eyes peeled.





FENLAKE KITCHEN

THE HELPING HANDS GROUP

Estd 2022

New exciting
enterprise coming
soon!!

Our upcoming events

FENLAKE:

With Halloween fast approaching our guys are looking forward to an upcoming spooktacular party on the 20th of October, where there is guaranteed to be lots of fun and games. With an inhouse DJ, party food and hopefully some amazing dressing up from our staff and individuals. Party tickets are £4.

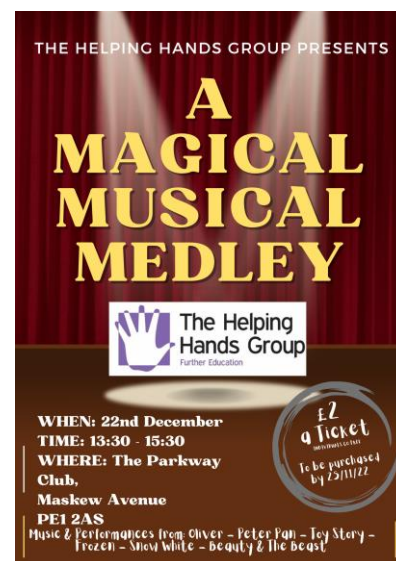


PETERBOROUGH:

This December The Helping Hands Group presents, 'A Magical Musical Medley'. A show from the individuals across Fenlake and Charford House that will be performed at the Parkway Club. A spectacular show that displays the range of amazing skills our individuals have developed across their performing arts sessions.

You won't want to miss out on this magical show!

Tickets now on sale £2 A TICKET. *This is a private event



WISBECH:

Our Wisbech centre have a busy end of year schedule too. With a Halloween party booked in for the 20th of October and an Art Exhibition, which will showcase their fantastic artwork from the year all set to go on the 20th of December.

CHILDREN IN NEED:

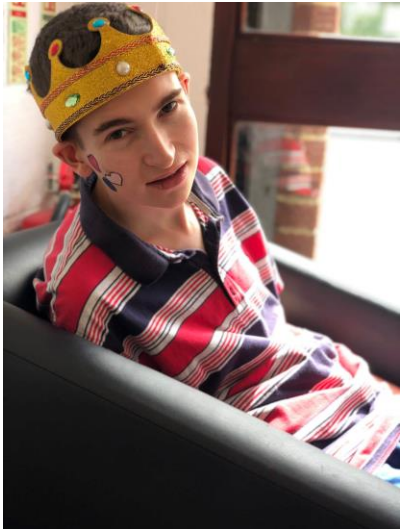
All our centers will be participating in Children in Need this year on Friday the 18th of November. This will be a fantastic day for all involved and our understanding is there will be a few pies in faces. This is a fantastic cause, so all donations, purchases and support for this fundraiser will be much appreciated.





IN MEMORY OF THE QUEEN

We were all very sad to hear the passing of her Majesty the Queen. In honor of her, we have been looking back at some of our amazing celebrations across all our centers for her jubilee when we acknowledged her outstanding 70 years on the throne. Across our centers we held jubilee celebrations with some royal face painting, afternoon tea and even chances to pretend to be royalty for the day.





STORE OPEN

**Open Wednesday – Friday
10am-3pm**

UNIT 30, FENLAKE BUSINESS CENTRE, PE15BQ

