

Winter Newsletter 2015



Changing the lives of adults with learning disabilities forever.



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A message from our Group Director, Suzanne Gilby

The end of another fantastic year!

2015 has been yet another fantastic year for The Helping Hands Group. We have welcomed new faces, seen some incredible progression from those already using the service and we have also confirmed plans for expansion for 2016, which really is amazing, and testament to the incredibly talented, hard working and skilled staff team that we have here.

On behalf of myself and all of the staff, we would like to wish you all a very merry Christmas, and we welcome 2016 with open arms as we look to support more individuals and their families.

Please remember I am always contactable either by phone, email or by popping into our centre. Merry Christmas.

Suzanne



End of
Term
Day
Out!

Staff and students visit London to watch the stage version of Disney's The Lion King in the West End.

This term one of our drama groups have been learning all about The Lion King.

Sessions have included casting for parts, script writing and lots of rehearsing ready for a big performance due in early 2016.

To see what they are in for the large group went on a fantastic trip to

London where they enjoyed front row seats at the fantastic stage play in the heart of the West End.

Everyone had a fantastic day and thoroughly enjoyed the performance.

Peterborough Day Opportunity Manager Louise Stimpson said "The whole day was perfect from start to finish, the experience of London is

one thing and then to sit and watch the incredible stage performance of the Lion King really was a treat.

Everyone has worked so hard in this drama class and watching the show has got everyone itching about our own performance early next year."

Information on our own rendition will be on our website in January.



Raising money for Children in Need!

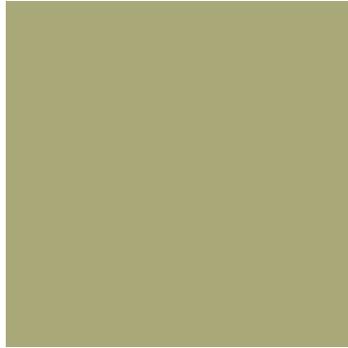
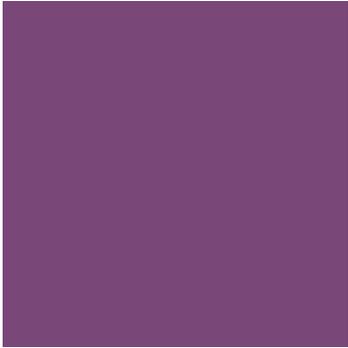
Everyone had a lovely day raising money for Children In Need.

We had a fancy dress day with costumes ranging from children in need face paint to full on outfits of

Noddy, cats, wolves, Spongebob, 90's ravers, Peter Rabbit and many more. Some of the individuals also made some lovely cakes to sell.

In total we raised a brilliant £60.30.

Everyone made a great effort for a great cause.



New Centre

Branching out to Wisbech in 2016

Work behind the scenes began in early 2015 in search of pastures new. After an incredible 5 years in Peterborough it was now time to spread our wings and look for a new area suitable for a brand new centre.

After months of research and many, many meetings it was apparent that the Fens was an area lacking in support for adults with learning/physical disabilities, with this in mind we secured premises in the town of Wisbech, commonly known as the capital of the Fens.

Work is now well underway and 2016 will see the opening of this new centre which we hope will assist many more individuals and their families.

Places are currently available and will be given on a first come first serve basis. For more information please contact us on 0800 085 0865 or check out our website www.thehelpinghandsgroup.org.uk.

Did you know we also provide care in your own home?



+
Not just day
opportunities!

Since opening the doors of our Peterborough centre back in 2010 we have expanded our service into domiciliary care and supported living.

We are able to provide our highly skilled staff to support you in your own home.

Each individual will receive a package that is designed around them, ensuring a person centered approach at all times.

We take the responsibility of providing you with the quality of life that everyone deserves extremely seriously and aim to provide a

service that is second to none. For more information on the services we provide, or for any support you may require please contact us by email info@thehelpinghandsgroup.org.uk or call us free on 0800 085 0865.



Thank you Waitrose!

A massive thank you to Waitrose Peterborough. For the last 2 years Waitrose have kindly offered us a stall in their new Peterborough store, assisting us to raise money for more equipment. We have sold lots of craft items and homemade chutney's.

Everyone has been taking it in turns to go and man the stall and we have managed to raise over £100 through sales and donations from all the wonderful people who visited our stall.

Our craft items can also be purchased online from our website, www.thehelpinghandsgroup.org.uk and click on the store.

Showcasing our
handmade items in
Peterborough!

Waitrose

